## Information

### **Car Parking**

Pay and Display – 2 hrs £1.30; 2-4hrs £2.60; all day £4.00. Payment is by Card and NOT cash. Ample Disabled bays but subject to fines unless displaying a Blue Badge. There is free parking on the local industrial estate which means a walk to the course. There is a designated area for dropping off club tents.

Please no spiked shoes to be worn when visiting the portable toilets. Any damage will cost the counties money in restoration.

Runners can wear only Club/School kit, County, Area, National or, International vests. Only First claim club vests to score in the team competition. For other vests athletes MUST seek permission from the Race Referee.

Anyone wearing headphones or using a mobile phone during the race WILL BE DISQUALIFIED

#### **Athletes**

Nottinghamshire athletes will wear white numbers from 1 – 600.

Derbyshire athletes will wear yellow numbers from 601- 999. Derbyshire runners will wear their numbers on the **front and back**.

Any athlete NOT wearing a number will NOT be allowed to run

Race numbers must be worn as issued and not to be turned over or altered in any way.

<u>Club age group Team Managers/Representatives please collect race numbers at least 60mins prior to the race start time.</u> Numbers may not be given out to individual runners.

#### **Presentations**

Presentations will take place near the Finish area (marked by the 'feather flags') as close to the times stated in the Race Timetable. Would medallists please make themselves available at the relevant times.

#### **UK CAU Cross Country Championships**

Successful athletes will receive an invitation as they finish the race to represent their respective county at the UK CAU Championships at Cofton Park, Birmingham on Saturday 12<sup>th</sup> March. There will be races for ALL age groups, except u11s and Masters at the CAU Champs.

**Derbyshire** teams will be selected only on performances in these Championships. **Please note**, 'If a Masters athlete finishes in a qualifying position in the joint Senior/Masters race they will be invited to represent Derbyshire in the UK CAU Championships as a Senior".

Under 20 athletes may be too old for their Inter-County race (IAAF age groups are used) because the age group is U20 at midnight on 31<sup>st</sup> Dec 2015. They may be considered for the Senior team.

**Notts** selection for the County team will be based mainly on these Championships.

Senior Men and Women the first 6 + 3 at the selector's discretion (9 to run); all other age groups the first 7 +1 at the selector's discretion (8 to run)

PLEASE COMPLETE AND RETURN YOUR REPLY SLIPS IN THE PA/PRESENTATION AREAS DURING THE AFTERNOON. FAILURE TO DO SO MAY RESULT IN THE LOSS OF YOUR COUNTY TEAM PLACE.

#### Team Scoring

In the event of a tie on points, the team whose last scoring member finishes nearest first place shall determine the result.

**Derbys**. Awards first 3 teams in each age group (3 to score except Senior/Masters Women [4 to score irrespective of age group], Masters Men [4 to score irrespective of age group] and Senior Men [5 to score])

**Notts.** Awards first 3 teams in each age group (3 to score except Senior Men [6 to score] and Masters Men [4 to score]

Under 17/20 Women combined team using any combination of runners (3 to score)

#### Results

Results may be pinned up near the Green Room (please allow time for processing). The full results will be available on the Derbyshire Athletics and Nottinghamshire AAA websites within 24 hrs at <a href="derbyshireathletics.org.uk">derbyshireathletics.org.uk</a> or, <a href="www.nottsaaa.org">www.nottsaaa.org</a>

#### Refreshments

Refreshments are available from The Coffee House in Shipley Park in the Visitors Centre Park.

# **Officials**

**Presidents of the Meeting: Alan Domleo (Derbys)** Angela Roe (Notts) **Barry Parker (Derbys) Meeting Managers: Gareth Bagguley (Notts)** Referee: **Chief Judge:** Starter: Starter's Assistants: **Funnel Judges/recorders: Chief Timekeeper:** Timekeepers: **Rob Rainsford** Clerk of Course: Course marshals: **Members of Heanor R.C** Declaration/Results: Sheila O'Keefe **Trevor Jolly** Stella Jolly Don O'Keefe Announcers: **Steve Winfield (Derbys) Presentations:** Alan Domleo (Derbys) **Angela Roe (Notts)** Julie Feeney (Derbys) (Notts) First Aid: **Derby Civil Aid** 

Derbyshire Athletics and Notts AAA wish to thank all the Officials who have voluntarily given their time today which includes all the course builders (from early this morning), course marshals and the course dismantlers from Heanor RC. We also acknowledge the support from Derby Civil Aid, Derbyshire County Council (use of

the Park and Visitors Centre) and Heanor RC (course marking material) and the caterers in the Coffee House (Officials lunches & refreshments).